

## Hospital Registration Day of Procedure

### PARKING

Valet Parking (\$6.00) is available at the Hospital Main Entrance off University Blvd.

Self-Parking is available at the Women and Children's Center Deck across from the Main Entrance. There is a covered crosswalk on Level I that connects to the Main Hospital. Charges are \$4.00 for 2-24 hours.

Patient Registration is on the first floor of the Main Lobby.

### REGISTRATION

You will need to arrive at the hospital one (1) hour prior to your procedure.

Register at the Patient Registration Desk in the Main Lobby on the first floor of the hospital.

Please have the following information available:

*Insurance identification*  
*Social Security Number*  
*Date of Birth*  
*Current Address*  
*Occupation*  
*Medications taken regularly*  
*Known allergies*

If you do not have insurance or if you have questions regarding billing and payment, contact the Hospital Business Office at 558-3491 between 9 am and 4:30 pm.

### REMEMBER

Please leave all valuables (jewelry, etc.) at home.

Please have someone available to drive you home after the procedure. You will be sedated and will not be able to drive.

## Alabama Digestive Diseases, P.C.

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## Preparing for your Colonoscopy at St. Vincent's Hospital

### HalfLyte<sup>®</sup> Prep

Colonoscopy is a test allowing the physician to examine the large intestine. A colonoscope is a lighted, flexible tube about 1/2" in diameter. It is passed through the rectum looking for inflammation, polyps, tumors, etc. Patients are sedated for this procedure.

Biopsies (small pieces of tissue) can be obtained during this examination. These are examined by a pathologist and a written report is sent to our office in two (2) days. Biopsies are taken for many reasons and do not necessarily mean cancer is suspected.

Complications of this examination are infrequent but may include bleeding, perforation, reaction to medications, heart/lung complications and other unpredictable events.

Name \_\_\_\_\_

Date of Procedure \_\_\_\_/\_\_\_\_/\_\_\_\_

Arrival Time \_\_\_\_\_am/pm

Procedure Time \_\_\_\_\_am/pm

## One Week Before Procedure

Please read all instructions carefully  
prior to beginning your prep.

You will need to obtain  
at your local pharmacy:

### 1 - HalfLytely Bowel Prep

*This includes 2 Dulcolax (Bisacodyl) tablets.*

(A prescription is necessary.)

NOTIFY OUR OFFICE if you have kidney disease, or if you are on blood thinners (Plavix, aspirin, or Coumadin) or diabetes medication. We also need to know if you have an internal defibrillator.

You will need to STOP Plavix and aspirin or aspirin-containing products as well as all iron supplements and stool softeners one (1) week before your procedure.

You will need to STOP Coumadin three (3) days before your procedure.

Other medications such as heart, blood pressure, and seizure medicines may be continued.

If you are not sure you can safely stop these medications, or safely complete your bowel prep, please contact your primary doctor or our office.

## Day Before Procedure

Have a light breakfast, then begin a Clear Liquid Diet and remain on this diet until 4 hours before your procedure.

### CLEAR LIQUID DIET (As much as you want.)

Water

Clear broth or bouillon

Strained fruit juice (cannot be red/purple in color)

Coffee/Tea (no milk or non-dairy creamer)

Any of the following that are not colored red/purple:

Gatorade, Kool-Aid, fruit drinks,

plain jello (no fruit), carbonated soft drinks,

popsicles, hard candies.

### YOU MAY NOT HAVE

Solid foods, milk, milk products, alcohol.

## Day Of Procedure

DISCONTINUE all liquids four (4) hours prior to your procedure.

You may take your heart, blood pressure, or seizure medications with a sip of water.

### **5:00 p.m. (or earlier) - Take Tablets**

Take the 2 Dulcolax (Bisacodyl) tablets with water. Do NOT chew or crush. Do not take within one (1) hour of taking an antacid.

### **6:00 p.m. - Mix Solution**

Prepare your HalfLytely solution by adding lukewarm water to top of line on bottle. Cap bottle and shake to dissolve the powder.

### **Approximately 7:00 p.m. - After Bowel Movement**

Begin drinking the HalfLytely. Drink 8 oz. every 15 minutes, drinking each glass quickly rather than in small sips. Be sure to drink ALL of the solution.

*Please remain within easy reach of toilet facilities. Your bowels should begin to move within 30 minutes to a few hours after beginning the prep. It should take about 3-5 hours to finish the preparation. You may experience some nausea and abdominal discomfort. This should become more comfortable as you continue to have bowel movements.*

If symptoms should become severe, stop the prep and notify our office immediately or go to the nearest emergency room.